

Mindful Mum | Review of Chamomilla Brands

Chamomilla is a herbal product used in infants for the symptomatic relief of the pain and gastric upset associated with teething.



	Homeopathic Remedy	Nelson's Teetha	Ashton & Parsons Infants' Powders	Weleda
Average Cost £	£4.20 for 7g (or GP prescription)	£4.80 for 24 sachets	£2.53 for 20 wrappers (13p per full dose)	£6.50 for bottle of 15g granules
Ingredients	Chamomilla & sucrose	Chamomilla, lactose*, xylitol & starch	Matricaria (Chamomilla) & lactose	Chamomilla & Sucrose
Potency (Strength)	30c potency	6c potency	Tincture of matricaria 0.002 ml	3x (0.001g Chamomilla root in 100g)
Packaging	Small bottle (vial)	24 Sachets	20 Paper Wrappers	Bottle 15g
Instructions	Tip approx 10-20 granules into cap and pour into mouth.	Empty the contents of one sachet into your child's mouth every two hours for up to six doses.	Under six months: Half a powder, above six months, one powder, applied dry on the tongue, night and morning.	Crush granules and dissolve in boiled and cooled water for small children.
East of Administration	Easy to tip into mouth but dosage is approximate.	Difficult to administer half dosage.	Using wrappers to pour into mouth is difficult. A spoon helps.	More difficult to administer when on the go.



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**Brands with lactose are not suitable for children with lactose intolerance.
Sources: Various Manufacturers Online Information Feb 2010*

Notes on Using Homeopathic Remedies:

- Always read the instructions on the packet and check the use by date.
- Keep out of reach of children.
- If symptoms persist longer than 5 days seek advice from your GP or homeopathic practitioner.
- If your baby overdoses it will cause diarrhoea due to excessive lactose intake. Treatment would be withdrawal of the product and supportive measures such as oral rehydration therapy.



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